

FEBRUARY FAMILY OF FAITH * Vol IV: PRAYER							
Scripture Passage:	"And Mary said: "My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior." (Luke 1:46-47) (Adult bk p.158/161 / Youth bk p.95-96)						
		Age:	Estimated Time:	Adult Bk	Youth Bk		
LESSON 8:	PRAYER TO THE VIRGIN MARY			Essay: Adult Book p. 306-308			
Words to Know:	Immaculate Conception	<i>fiat</i>	Hail Mary	Assumption of Mary	Magnificat	p.167	p.124
ACTIVITIES TO CHOOSE FROM:	CAR CONVERSATION: Mary calls herself the handmaid or servant of the Lord. What do you think she means? What are some ways that you can be a servant of the Lord? Jesus gave His mother, Mary, to us to be our mother, too. Why do you think He did this? How should we behave toward Mary since she is our mother in Heaven? Do you prefer to pray silently or aloud? Why do you think both ways are important to pray?			All Ages	5 minutes	p.163	
	1. Mary is Full of Grace (Family Activity)	Mary was conceived in her mother's womb free from Original Sin		All Ages	5 minutes	p. 168-170	
	2. The Handmaid of the Lord (Family Discussion Activity)	Mary's humility and faith are examples for us all.		All Ages	10 minutes	p.171-172	p.97-98
	3. Mary is our Mother (Scripture Activity)	Mary is our mother, and we can ask her to pray for us.		Ages 8+	10 minutes	p.173-174	p.99
	4. The Rosary (Prayer Activity)	The Rosary invites us to meditate on the lives of Jesus and Mary.		All Ages	15 minutes	p.175	p.100-103
	5. The Assumption of Mary (Art Reflection Activity)	Mary was assumed into Heaven at the end of her earthly life.		All Ages	5 minutes	p.176-177	p.104-105
	6. Hail Mary, Full of Grace (Scripture and Coloring Activity)	We do not adore Mary as we do God, but we do honor her, as her Son honored her, for her special and unique role in His plan of Salvation.		All Ages	5 minutes	p.178	p.106
	BONUS: Magnify the Lord	Use the Bible and magnifying glass		Ages 5-8	5 minutes	p.179	
	7. Hail Mary Stained Glass (Prayer Board)	The Hail Mary has scriptural roots.		All Ages	10 minutes	p.180	p.107
	8. Our Lady of Lourdes	Mary's Story of the Month		All Ages	10 minutes	p.181-182	p.109

(See other side)

				Age:	Estimated Time:	Adult Bk	Youth Bk
LESSON 9:	EXPRESSIONS OF PRAYER				Essay: Adult Book p. 309-311		
Words to Know:	Vocal Prayer	Meditative Prayer	Contemplative Prayer			p.184	p.124
ACTIVITIES TO CHOOSE FROM:	1. Remembering God (Worksheet)	We must make prayer a habit.	All Ages	10 minutes	p.185-186	p.112-114	
	2. Praying with Our Voices (Family Discussion and Journal Activity)	We use our voices to speak to God.	All Ages	10 minutes	p.187-188	p.115-116	
	3. Praying with our Imaginations (Prayer Activity)	We use our thoughts, feelings, and imaginations to discern what God is calling us to do.	All Ages	15 minutes	p.189-190		
	4. St. Jean Vianney and Prayer (Storytelling and Coloring Activity)	In contemplative prayer we abandon ourselves and fix our gaze completely on Jesus.	Ages 6-8	10 minutes	p.191-192	p.117	
	5. Time with a Friend (Prayer Journal Activity)	Contemplating God is like sharing time with a friend.	All Ages	5 minutes	p.193	p.182	
	6. Choosing to Pray (Goal Setting Activity)	Whatever form it takes, prayer is a decision.	Ages 8+	15 minutes	p.194-145	p.112, 118	
	7. Identifying Expressions of Prayer (Worksheet Activity)	The major expressions of Prayer are vocal, meditative, and contemplative.	All Ages	10 minutes	p.196-197	p.120	
SAINT ACTIVITY	Saint Josephine Bakhita	Set Free by God	All Ages	10 minutes	p.162,198	p.121-3	
Your Catholic Home	Month of the Holy Family		All Ages	5 minutes	p.160		
LESSONS REVIEW	Review all that you have learned!		All Ages	5-10 minutes	p.200		