



LESSONS 6 and 7 CONTENT GOALS FOR NOVEMBER:

- ☐ Recite this month's Scripture Memorization
 - "Do you not know that you are the temple of God, and that the Spirit of God dwells in you?" (1 Corinthians 3:16)
- ☐ Define the following:
 - The Last Four Petitions of the Our Father
 - Temptation
 - Baptism
 - Twelve Fruits of the Holy Spirit
- ☐ Describe the last four petitions of the Our Father
- ☐ Understand that God the Father cares for our needs.
- ☐ Realize that the Holy Spirit moves us to pray.
- ☐ Tell the Story about Mary, the Mother of God.
- ☐ Tell the Story of St. John Bosco
- ☐ **ALL: Complete your Monthly Prayer Board Activity!**

I. OUR FATHER: THE LAST FOUR PETITIONS – Lesson 6

MAIN IDEAS: “After we have asked God to draw us to Him, we then pray the last four petitions of the Our Father for the needs of our life for both our body and our soul. As children, we ask in confidence and trust for our heavenly Father to care for us. We ask that God give us our daily needs, both physical and spiritual; we ask God to forgive our sins and to flood our hearts with forgiveness for others; we ask God for help in our battle against sin; and we ask for His defense against the evil one” (*FF Parent Guide, Vol IV, p.120*).

Vocabulary Word	Definition	In other words...
The Last Four Petitions of the Our Father	They are petitions for the needs of our life for both our body and our soul. We ask for our physical and spiritual needs, the forgiveness of sins, God’s help against temptation, and protection from the evil one.	These are the petitions or requests that we make to God for the needs of our life (body and soul).

GIVE US THIS DAY OUR DAILY BREAD:

“Give us” – Conveys a trust in our Father while asking the Father

- **“Us”** reminds that we are all part of the human family, that God is the Father of all, and that he answers the needs of all
- **“Us”** also reminds us that we have a responsibility to those “who lack the things they need in order to live a fully human life” (*FF Parent Guide, Vol IV p. 300*).
 - We must work for justice
 - We are reminded that we are the body of Christ, meant to carry out his mission to help meet the needs of others (remembering that what we give is a gift from God the Father)

“Our Daily Bread” – What are things for which we hunger?

- Physical needs – Physical hunger and thirst, safety, to be clothed and sheltered
- Spiritual hunger–We starve for the Word of God and the Holy Spirit.
 - The spirit of God brings life: “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst” (John 6:35).
 - As Christians our hunger is only truly satisfied by Christ
 - “We must be nourished by the word of God that we read and on which we meditate in Sacred Scripture, and by the Body of Christ that we receive in the Eucharist at Mass. Then we must share the Word of God with all people, especially those who are poor and needy.

“Daily” reminds us that we need to be nourished every day.

FORGIVE US OUR TRESPASSES, AS WE FORGIVE THOSE WHO TRESPASS AGAINST US:

Vocabulary	Definition	In other words...
*Trespases	Sins	Sin or things we do when we turn away from God’s Commandments

In the fifth petition, we ask God to forgive our sins, and we pray “as we forgive those who trespass against us.”

- “These are powerful words: if we do not forgive those who have offended us, then we cannot receive God’s forgiveness for our sins. The Catechism explains that this is not because God chooses not to forgive us; rather it is that we choose to close our hearts to His mercy because of our unwillingness to forgive” (*FF Parent Guide, Vol IV, p. 301*).

“The forgiveness that God is asking of us is, in fact, a gift of grace from Him” (*FF Parent Guide, Vol IV*, p. 301). We ask God to soften our hearts and ask for the grace to forgive others, even our enemies.

“When we allow the grace of God to fill us and we take on the mind of Christ then our sincere decision to forgive is what releases us from the bondage of unforgiveness and floods our hearts with God’s forgiveness” (*FF Parent Guide, Vol IV*, p. 301).”

LEAD US NOT INTO TEMPTATION:

Vocabulary	Definition	In other words...
Temptation	Something that attracts or lures a person into sin.	Something you may want to do even though you know you should not do it.

The original Greek verb “lead” means “both ‘do not allow us to enter into temptation’ and ‘do not allow us to yield to temptation’” (CCC #2846).

“In this petition, we are asking God’s help in the battle against our own fallen nature that is attracted to sin” (*FF Parent Guide, Vol IV*, p. 301). Temptation in and of itself is not a sin. It is only a sin when we act upon those temptations or willingly entertain thoughts of evil.

“When we pray, ‘lead us not into temptation,’ we are asking God to give us the grace to dismiss the thoughts or impulses that might lead us to sin” (*FF Parent Guide, Vol IV*, p. 301). The Holy Spirit helps us in this endeavor to turn away from sin.

BUT DELIVER US FROM EVIL:

In the seventh and final petition “of the Lord’s Prayer we pray for the strength and grace to be victorious in the battle against the Evil One” (*FF Parent Guide, Vol IV*, p. 302). The catechism clearly states that evil is real in Satan, the angel who opposes God.

To protect us from Satan, we must acknowledge his existence and guard against him and his plan to lead us to hell. We must also be reminded that as children of God, whose grace abounds, we are protected from the Evil One, as long as we remain in God’s grace. We are reassured that God’s power is always greater.

“In this final petition, we ask the Father to deliver us from all the evils that plague humanity, as well as to bestow on us the gift of His peace and the grace to persevere in His grace until Christ returns” (*FF Parent Guide, Vol IV*, p. 302).

HOOK QUESTION FOR YOUR CHILDREN: What does it mean to pray “give us this day our daily bread?” Does it just mean literal bread or does it mean something more?

OLDER KIDS: “Give us this day our daily bread” asks God to provide for our physical nourishment as well as our spiritual nourishment. What does it mean for God to provide spiritual nourishment? What are some examples of spiritual nourishment?

II. THE HOLY SPIRIT AND PRAYER – Lesson 7

MAIN IDEAS: “The only way we can truly get to know the Son is through the Holy Spirit. The Holy Spirit dwells in our hearts, which is why we call our bodies temples of the Holy Spirit. It is through Him that we can know Jesus, who reveals to us the Father. We can gain this knowledge only through prayer, and it is the Holy Spirit moving within us that allows us to pray” (*FF Vol IV Prayer, Parent Guide p.121*).

THE HOLY SPIRIT MOVES US TO PRAY

God calls us into relationship with Him. “The Holy Spirit is the one who moves us to respond to God’s call, and at the same time fills us when we say yes” (*FF Vol IV Prayer, Parent Guide, p.303*).

The Indwelling of the Holy Spirit described as a spousal relationship:

- Blessed Virgin Mary – at the Annunciation Gabriel calls her “full of grace”; “when she said yes to God, she opened her heart to Him completely and became the spouse of the Holy Spirit” (*FF Vol IV Prayer, Parent Guide, p.303*).
- The Archangel Gabriel explained to her that the Holy Spirit would come upon her and overshadow her (Luke 1:35). Only through this indwelling of the Holy Spirit does Mary come to know Jesus in the most intimate way possible (through the relationship of mother and child).
- When Mary visits Elizabeth, her cousin, it is the Holy Spirit who moves her to declare the Magnificat (the most beautiful of Christian prayers) – “My soul doth magnify the Lord.” “Her soul reflects God to all others because she has opened her heart to Him so completely that she does not have room for anything that is not God in her soul” (*FF Vol IV Prayer, Parent Guide, p.303*).

The Same is with us: The Holy Spirit must fill our hearts for us to pray.

- Catechism of the Catholic Church: “The Holy Spirit, whose anointing permeates our whole being, is the interior Master of Christian prayer” (CCC 2672).
- The Holy Spirit moves us to pray and transforms our attitude of the heart so we are open and can see the needs of our neighbors, and the Holy Spirit teaches us to listen to God and respond to Him in love.

THE HOLY SPIRIT IS LIFE

Through the Prophet Ezekiel God promised to give us a new heart and a new spirit. “This is a promise of transformation into new life. This promise is fulfilled in Jesus when He says ‘Amen, amen, I say to you no one can enter the kingdom of God without being born of water and Spirit’ (John 3:5)...Jesus explained that no one can enter the Kingdom of God without being born to new life of water and the Spirit. Here Jesus is referring to the new life we receive in the Sacrament of Baptism, which is when the Holy Spirit first enters our hearts. The new life we receive is the Holy Spirit” (*FF Vol IV Prayer, Parent Guide p.304*).

- With this presence of the Holy Spirit, we can call God Father, pray to Him, being transformed by Him.

Word	Definition	In Other Words...
Baptism	The first Sacrament in the Sacraments of Initiation, in which we are reborn in Christ through water.	The first Sacrament we celebrate where our Original Sin is washed away through water, and we become God’s adopted children.

THE HOLY SPIRIT IS THE LIFE OF THE CHURCH:

The Church began at Pentecost: The Holy Spirit came in the form of tongues of fire resting over the heads of the Jesus' disciples; they (once afraid) were filled with bravery to share the Word of God with others to the ends of the earth. The Holy Spirit is what gives the church life.

The Apostles spoke the words of the Holy Spirit, rather than their own and were no longer afraid because they were filled with the Spirit. We, too, are inspired and guided by the Spirit.

The Holy Spirit also moves us to speak in prayer (in whatever form it might take) – **“in our heart’s every movement toward the Father and Son, the Holy Spirit is the one that carries us there”** (FF Vol IV Prayer, Parent Guide, p.304).

Word	Definition	In Other Words...
Pentecost	The “Birthday of the Church,” when Jesus sent the Holy Spirit to Mary and the Apostles after Jesus ascended into heaven.	<ul style="list-style-type: none"> • The “Birthday of the Church” • When the Jesus sent the Holy Spirit to Mary and Apostles • Tongues of flames came and rested above the heads of Mary and Apostles and they could speak in tongues to share the message of the Good News to the ends of the earth

THE TWELVE FRUITS OF THE HOLY SPIRIT

When we live in the Spirit, our lives are transformed. We receive the gifts of the Holy Spirit (wisdom, understanding, right judgment, courage, knowledge, reverence, and wonder/awe) which help us lead a good and holy life, and we can see the fruits of the Holy Spirit in our lives. Jesus says, “So be perfect, just as your heavenly Father is perfect” (Matthew 5:48). To do this we must rely on the Holy Spirit, in whom we hope. **“Because God’s very Spirit lives inside us, we can hope to have a relationship with God that actually transforms us into being holy and pleasing to God”** (FF Vol IV Prayer, Parent Guide, p.305).

Word	Definition	In Other Words...
Twelve Fruits of the Holy Spirit	Attributes or perfections that the Holy Spirit forms in our souls when He lives inside us. These Twelve Fruits are charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity.	Characteristics that we embody or live out when we the Holy Spirit lives and works inside us.

HOOK QUESTION FOR YOUR CHILDREN: Who is the Holy Spirit? What do you think the Holy Spirit does in your life?

OLDER KIDS: We receive the Gift of the Holy Spirit at Baptism, where we receive new life and become God’s children. The Holy Spirit is what helps us to move closer to God and to see Christ in others. How do you feel the Holy Spirit move and work in your life?

IN SUMMARY:

- The last four petitions of the Our Father are for the needs of our life.
- We can be confident that God our Father will take care of us.
- The Holy Spirit moves us to pray.
- The Holy Spirit helps us know Jesus.
- The Twelve Fruits of the Holy Spirit form in our soul.